

2 Freshman Zit Girl



Activity 1 Moments of Expectation and Shock

- A** Read the first two paragraphs of “Freshman Zit Girl” again. Do you recall a moment when your expectations were high, but soon you felt shocked and disappointed when faced with reality? Use the following hints to describe your experience in about sixty words.

I still remember the night before ¹_____. I wanted to ²_____.
After ³_____, I happily went to sleep. The next morning, ⁴_____.
When ⁵_____, I let out a cry, “⁶_____” ⁷_____!

- I still remember the night before ¹my school trip to Kenting in 8th grade. I wanted to ²eat snacks and share my comic books with friends on the long bus trip. After ³I packed the clothes I needed in my backpack and made sure all my food and comic books were in another bag, I happily went to sleep. The next morning, ⁴I ran all the way to school, got on the bus, and bragged to my friends about what I had prepared for the trip. When ⁵we hit the road and were ready to exchange food and comic books, I let out a cry, “⁶Oh my God! Where’s my other bag?” ⁷Under the seat was my backpack only. I had left all my food and comic books at home!

- B** Work with a friend. Listen to your friend’s story. Tell him or her what you think the problem is and offer some advice. You may want to use the following expressions when giving advice.

Useful Expressions in Conversations

- Have you tried...?
- Why don’t you...?
- If I were you, I’d....
- I would (strongly) suggest that....
- In my experience,... works really well.
- One thing you could/should/have to do is....

- C** Evaluate your friend’s advice.

After hearing my story, my friend _____ [name] told me that _____.

I think his or her advice is helpful/extremely helpful/not very helpful because _____.

Next time I face this problem, I may/will/will not take his or her advice.

Activity 2 Appearance and Self-esteem

- A** Watch the video *Dove Real Beauty Sketches* and then complete the passage by filling in the blanks with the given words.

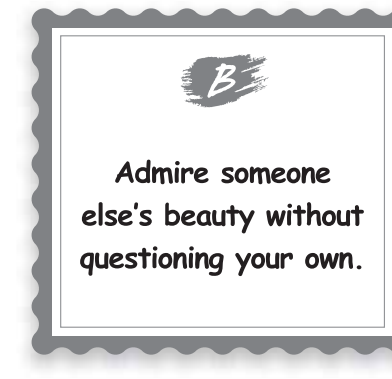
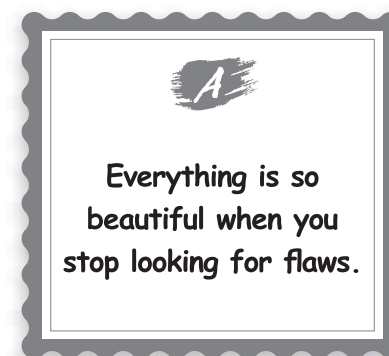
beautiful contrast features critical
self-esteem sketch stunned



影片來源：https://goo.gl/dsXeAg

- An FBI-trained forensics artist (嫌犯素描師) was hired to interview seven different women from behind a curtain and draw two portraits of each one. The first ¹ sketch was based on each woman’s self-description of her facial ² features. The second one was based on a description given by a stranger the woman had interacted with earlier that day. When the two drawings were shown side-by-side, the ³ contrast was obvious, with the stranger’s image being more flattering and more accurate. These women were ⁴ stunned when they came face to face with the two portraits. With the tagline (標語) “You are more ⁵ beautiful than you think,” the video aims to empower women to appreciate their true beauty and to raise their ⁶ self-esteem. It also leaves us wondering if we’ve been overly ⁷ critical of our own appearance.

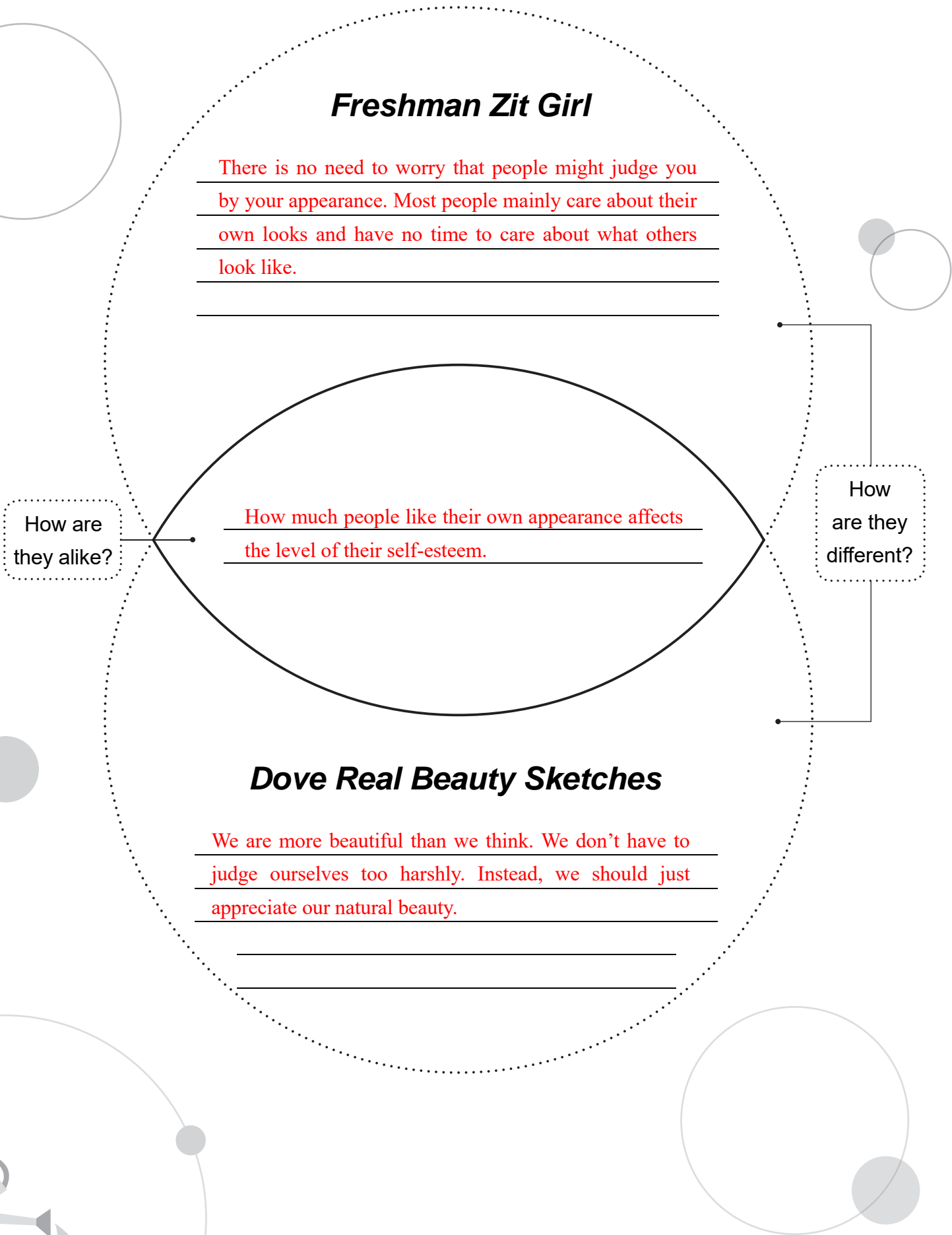
- B** Which of the following statements do you think best describes the message behind the video *Dove Real Beauty Sketches*? Talk to the other people in your group and see if you share the same opinions.



Useful Expressions during a Discussion

- Asking for Clarification → When you say..., do you mean that...?
- Expressing Partial Agreement → I agree with you in part, but....
- Expressing Polite Disagreement → I’m sorry, but I don’t see it that way.

C Compare and Contrast: Work in groups. Use the graphic organizer to evaluate the similarities and differences between the video *Dove Real Beauty Sketches* and the story “Freshman Zit Girl.”



寫給同在素養課程設計上努力的老師

「核心素養」關注學習與生活的結合，L2 Freshman Zit Girl 素養學習單的活動設計即在引導學生將課本內的知識應用至實際生活情境中，透過個人反思、兩兩溝通、小組合作等學習歷程，培養聽、說、讀、寫、溝通、思辨等能力，最終回應本課的教學目標：

1 討論青少年可能遇到的麻煩，學習判斷問題，並給予忠告（Activity 1）。

2 討論身體形象與美的定義，進而培養自信（Activity 2）。

素養指標：(A)身心素質與自我精進 (B)符號運用與溝通表達 (C)人際關係與團隊合作

活動設計說明與參考答案

Activity 1 Moments of Expectation and Shock

A	再次閱讀課文第一、二段，引導學生做 text-to-self 的連結，模仿其結構寫出一則實際經驗，表達出 expectation 與 shock 兩種情緒的戲劇性轉折。例如： I still remember the night before ¹ my school trip to Kenting in 8 th grade. I wanted to ² eat snacks and share my comic books with friends on the long bus trip. After ³ I packed the clothes I needed in my backpack and made sure all my food and comic books were in another bag, I happily went to sleep. The next morning, ⁴ I ran all the way to school, got on the bus, and bragged to my friends about what I had prepared for the trip. When ⁵ we hit the road and were ready to exchange food and comic books, I let out a cry, “ ⁶ Oh my God! Where’s my other bag?” ⁷ Under the seat was my backpack only. I had left all my food and comic books at home!
B	重點不在語言知識本身，而在鼓勵學生兩兩一組對話時能傾聽對方的故事，禮貌地或幽默地給予忠告，並將建議句型融入口語表達。
C	引導學生回顧活動 B 的對話內容，以英文摘要朋友給予的建議，並評估這項建議是否對自己有幫助，學生回答時，老師可善用追問的技巧鼓勵學生將想法加以闡釋，以培養分析、思辨的能力。

Activity 2 Appearance and Self-esteem

A	1. sketch 2. features 3. contrast 4. stunned 5. beautiful 6. self-esteem 7. critical		
B	觀賞這部多芬廣告的目的在於引導學生對自身外貌產生正面的態度、懂得欣賞別人的優點並建立自信心。本活動沒有標準答案，重點在解讀影片所要傳遞的訊息，就個人觀點與小組成員進行對話。老師可鼓勵學生將建議句型融入口語表達，積極回應他人的意見，而非僅是被動地聆聽。		
C	小組合作完成 Compare & Contrast 圖表，比較／對比多芬廣告 Dove Real Beauty Sketches 與課文 Freshman Zit Girl 兩個文本相似與相異之處。可引導學生從兩者傳遞的訊息開始比較，接著鼓勵學生腦力激盪、發揮創意，找出多元的比較方向。視時間允許與學生程度，亦可將圖表繪製在海報紙上，或用電腦製作簡報，完成後作為小組上臺報告的視覺輔助。		
	Dove Real Beauty Sketches	Both (Similarities)	Freshman Zit Girl
	We are more beautiful than we think. We don't have to judge ourselves too harshly. Instead, we should just appreciate our natural beauty.	How much people like their own appearance affects the level of their self-esteem.	There is no need to worry that people might judge you by your appearance. Most people mainly care about their own looks and have no time to care about what others look like.